EIGEN KRACHT CENTRALE

Country report FGC: The Netherlands 2022

Widening the circle

In the Netherlands we have two organizations: Eigen Kracht Centrale and Eigen Plan.
The first page shows the Eigen Kracht Centrale, the second page Eigen Plan.

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In 2022 we celebrate:
20 years Eigen Kracht Centrale
22 years Family Group Conferences

Decision Making

How do we accomplish the mission?
- Law: a legal base
- Training and coaching
- Family Group conferences, restorative conferences and community conferences
- Research

Maximum autonomy of citizens

Making your own plan

Ownership

2022:
FGC for child protection, addictions, psychiatric problems, divorces, elderly, depts, prisoners. Restorative conferences for criminal cases and in schools, community conferences for neighborhoods
Trainings in elderly care, psychiatry, child protection, social workers and for schools and municipalities

Independence

PR:
A book with a collection of Friday stories and information from research, every week Friday stories (Dutch stories and European stories), newsletters, articles in journals and papers, webinars, presentations and sharing all this on social media. In September we had a great party with our co-ordinators, in October we organize a symposium to celebrate our anniversary!

All areas
It doesn't matter what the issue is or how big the problems are, it is about widening the circle and leaving control with the people involved.

The endless struggle:
To have FGC imbedded as a right of people to make their own plan instead of another method, hanging on the 'method tree' of organisations.
To move from the regular care to a legal right, to ownership of the people involved!

Some facts:
Started in 2000
About 13.500 Conferences
Over 200 independent co-ordinators, speaking 65 languages and dialects
Over 60 researches
In 90% a plan is been made!
Family members, children and professionals give co-ordinators an average of 8+!
National coverage: we can start a conference today in every part of the country

plan nodig? eerst eigen kracht!

Eigen Plan – The Netherlands, 2022

We focus on the process of co-creation between family, network and professionals for one common plan with common goals. It is important to ensure that the plan works out. Therefore, if the plan does not work as expected, we review it together with the network and involved professionals to stimulate the process and make it work.

Our support is requested in situations where our neutral position is of essential value, when there are conflicts, when the need for a plan is urgent, when the client has little trust in the social worker/system, when there seems to be no network, when social workers have no time to map and involve the network.

Our goal is a plan endorsed by family, network and professionals, with clear next steps. We work with four modules and apply only as many as necessary. Sometimes the first module (Eigen Plan Coach at your home) is enough. Mostly we bring in more people when we apply the second module (Stronger together), which can encourage family and network to make a plan on their own. And of course with the third module (Eigen Plan meeting), we support family, network and professionals to organise a family group conference to make a plan. The fourth module focusses on stimulating family, network and professionals to adapt the plan and make it work if things turn out unexpectedly.

1 Eigen Plan coach at your home
What do you want, where are you stuck? What could be the next step? Who can think with you?

2 Stronger together
Invite people from your own network to think with you and find a solution.

3 Eigen Plan meeting
You develop a plan together with your network. Your own plan (Eigen Plan)!

4 Stimulate
If the plan does not work as expected You and your coach review the plan together.

Our main topics:

- Safe environment for children
- Divorce
- Parenting
- Poverty, debts, housing
- Future Plan for youngsters / JIM (Your Introduced Mentor)*
- Independant client support
- Support for newcomers/statusholders

8 years, 8 x proud

- 2000 started Eigen Plan trajects
- 140 Eigen Plan coaches speaking 34 languages
- In 54 municipalities
- 36 training sessions for Eigen Plan coördinations
- 600 x taking part in teams of social workers with view on perspective
- 1150 Eigen Plan meetings
- Support of 10.000 family-members and friends

Results and effects:
We use Sensemake, program to get information from all the users of Eigen Plan (main persons, family,friends and professionals) and they give their own analyses in it. We use it to improve our work and to provide information for financers. And we also collect information from referrers about the effects of Eigen Plan (social, for children/parents) and financial; ongoing report.